



# **WBC MUAYTHAI YOUTH DEVELOPMENT PROGRAM**

## **MISSION STATEMENT, RULES, REGULATIONS & YOUTH PROTECTION PROTOCOLS**



## MISSION STATEMENT

### WBC MuayThai Youth mission

The mission of the WBC MuayThai Youth development program is to promote, support, protect and develop the youth worldwide in accordance with the requirements and spirit of MuayThai in accordance with the WBC MuayThai and the Sport Authority of Thailand **“we believe everyone has a responsibility to promote the welfare of all children and young people, to keep them safe and to practice in a way that protects them”**.

### WBC MuayThai Youth`s vision

WBC MuayThai youth development program wants to lead and unite the sport of MuayThai for the next generation of MuayThai practitioners while upholding the core values of the sport and culture of MuayThai.

### WBC MuayThai Youth objectives

WBC MuayThai Youth development program shall fulfil its mission by achieving the following objectives:

- **(A)** to promote the sport and the spirit of MuayThai in all its forms, in the light of its educational, cultural and sports values and to encourage the youth development of MuayThai throughout the world.
- **(B)** to promote the WBC MuayThai Youth development program globally as a healthy, educational and fitness activity for boys and girls, and to foster the safety of Boxers and their welfare at all levels, particularly by promoting and controlling good sporting practices, and through youth and development programs.
- **(C)** to promote the highest standards with respect to organization, judging, refereeing, coaching, training, education, and medical and anti-doping controls in the sport of MuayThai.
- **(D)** to organize and conduct WBC MuayThai Youth Competitions globally.



- **(E)** to regulate the WBC MuayThai Youth development program worldwide through the Regulations.
- **(F)** to encourage and support the development, organization, and delivery of the WBC MuayThai Youth program worldwide through its National Representatives, and to ensure that the rules and regulations of the WBC MuayThai comply with the provisions of this Constitution and with the Regulations applicable to them.
- **(G)** to promote understanding and cooperation between National Representatives, to give them support, to strengthen their authority and prestige and to ensure unity among our representatives.
- **(H)** to preserve the right of every individual to participate in MuayThai as a sport without unlawful discrimination of any kind undertaken in the spirit of friendship, solidarity, and fair play.
- **(I)** to promote the involvement of women in the sport of MuayThai and enhance women's youth programs.
- **(J)** to combat doping and integrity issues that might damage the sport and reputation of MuayThai; and
- **(H)** to protect & safeguard the youth



### WBC MuayThai Youth program goals

- **Develop**
  - Sustainable pathways
  - Innovative programs
  - Grassroots systems
- **Protect**
  - young children
  - MuayThai values
  - Athlete's health
  - MuayThai's image
- **Promote**
  - Fan engagement
  - Sport's practice
  - Sportsmanship's spirit
  - Future Stars
- **Serve with**
  - Clear rules
  - Global competition framework
  - Educational tools
  - Transparent management



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## 1. Age Categories for Competitions:

Age Category	Minimum Age	Maximum Age
Youth (under-12)	10	11
Youth (under-14)	12	13
Youth (under-16)	14	15
Youth (under-18)	16	17

- 1.1. The age of an athlete is determined using his/her year of birth and proof of identity/residency must be provided i.e., passport, or birth certificates
- 1.2. Male and female athletes between the ages of 14 to 17 are categorized as Youth athletes.
- 1.3. Male and female athletes between the ages of 10 to 13 are categorized as Junior Cadets.
- 1.4. Technical and Competition
  - 1.4.1 In all competitions related to junior and school-age boys and girls, as well as, in all other younger age categories, the age range of the participating athletes must not be more than 17 years.

## 2. Rounds. Restrictions. Equipment

### 2.1

#### **Contest rules for Youth (under-12)**

Rounds	3 (Tournament only)
Length of each round	1 minute
Resting period	1 minute
Restrictions	No strikes to the head

#### **Contest rules for Youth (under 14)**

Rounds	3 (Tournament only)
Length of each round	1.5 minutes
Resting period	1 minute
Restrictions	No elbow or knee strikes to the head

#### 2.1.1. *Mandatory equipment for under-12 and under-14:*

- 10 oz gloves / 12 oz gloves (both athletes wearing same size)
- Body protectors
- Gum shield
- Groin guard
- Shin guards
- Elbow pads
- Hand wraps
- Head guards



2.2

**Contest rules for Youth (under-16): National / European / State titles only**

Rounds	3 (Tournament only) 5 (National title only)
Length of each round	2 minutes
Resting period	1 minute (Tournament) 1.5 minutes (title fight)
Restrictions	No knee strikes to the head

2.2.1 *Mandatory athletes' equipment under-16:*

- 10 oz gloves / 12 oz gloves (both athletes wearing same size)
- Body protectors
- Gum shield
- Groin guard
- Shin guards
- Elbow pads
- Hand wraps
- Head guards

2.3

**Contest rules for tournaments (under18)**

Rounds	3
Length of each round	2 minutes
Resting period	1minutes

2.3.1 *Mandatory athletes' equipment under-18:*

- 10 oz gloves / 12 oz gloves (both athletes wearing same size)
- Body protectors
- Gum shield
- Groin guard
- Shin guards
- Elbow pads
- Hand wraps
- Head guards



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### 2.4

#### Championship rules for single fight titles (under-18 only)

WBC MuayThai youth European, International and World championship contests will be contested over...

Rounds	5
Length of each round	2 minutes
Resting period	1.5 minutes

2.4.1. In-ring championship rules will be based on the same rules as adult contests

With an added emphasis of duty of care by the referee to avoid damage to either athlete.

2.4.2. *Mandatory athletes' equipment under-18:*

- 10 oz gloves (both athletes wearing same size)

(optional per agree of all sides)

- Body protectors
- Gum shield
- Groin guard
- Shin guards
- Elbow pads
- Hand wraps
- Head guards

### 3. Weight Classifications

AGE	YOUTH 16-17			
GENDER	MALE		FEMALE	
WEIGHT (KG)			1	42
	1	45	2	45
	2	48	3	48
	3	51	4	51
	4	54	5	54
	5	57	6	57
	6	60	7	60
	7	63.5	8	63.5
	8	67	9	67
	9	71	10	71
	10	75	11	75
			12	(+) 75
	11	81		
	12	86		
13	91			
14	(+) 91			

AGE	YOUTH 14-15			
GENDER	MALE		FEMALE	
WEIGHT (KG)			1	36
	1	38	2	38
	2	40	3	40
	3	42	4	42
	4	45	5	45
	5	48	6	48
	6	51	7	51
	7	54	8	54
	8	57	9	57
	9	60	10	60
	10	63.5	11	63.5
	11	61	12	61
	12	71	13	71
			14	(+) 71
	13	75		
14	81			
15	(+) 81			





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AGE	YOUTH 12-13			
GENDER	MALE		FEMALE	
WEIGHT (KG)	1	32	1	32
	2	34	2	34
	3	36	3	36
	4	38	4	38
	5	40	5	40
	6	42	6	42
	7	44	7	44
	8	46	8	46
	9	48	9	48
	10	50	10	50
	11	52	11	52
	12	54	12	54
	13	56	13	56
	14	58	14	58
	15	60	15	60
	16	63.5	16	63.5
			17	(+) 63.5
	17	67		

AGE	YOUTH 10-11			
GENDER	MALE		FEMALE	
WEIGHT (KG)	1	30	1	30
	2	32	2	32
	3	34	3	34
	4	36	4	36
	5	38	5	38
	6	40	6	40
	7	42	7	42
	8	44	8	44
	9	46	9	46
	10	48	10	48
	11	50	11	50
	12	52	12	52
	13	54	13	54
	14	56	14	56
	15	58	15	58
	16	60	16	60
			17	(+) 60
	17	63.5		

#### 4. Age limit for Athletes

The athlete's age for competition shall be determined as at the first day of a competition's Medical check and weigh-in's

Age Category	Minimum Age	Maximum Age
Senior	17	40
Under 18	16	17
Under 16	14	15
Under 14	12	13
Under 12	10	11
Under 10 (Exhibition only)	8	9



## **5. Athlete Eligibility**

- 5.1. WBC MuayThai has the right to make a final decision regarding an athlete's eligibility to partake in a WBC MuayThai development day or WBC MuayThai competition.
- 5.2. Each National committee is responsible for ensuring that its athletes meet all the requirements of Rule 4 of these rules.

## **6. Nationality Eligibility**

- 6.1. Athletes must be of the same nationality or have permanent residency in the country where the National Federation has registered them.
- 6.2. Nationality shall be confirmed by a passport issued by the represented country. When the nationality is questioned, the assigned WBC MuayThai committee has the right to request the following documents:
  - Birth Certificate
  - Citizenship Identity
  - Papers
  - Nationality Identity
  - Documents Permanent
  - Residency Documents

## **7. Eligibility on Medical-related Issues**

- 7.1. Athletes are not allowed to enter any WBC MuayThai competitions with the following conditions:
  - 7.1.1. Wearing a dressing on a cut, wound abrasion, laceration, or blood swelling (on the scalp or face including the nose and ears).
  - 7.1.2. If an athlete has an abrasion or a laceration, no dressing other than non- petroleum skin protective jelly and Adrenaline 1/1000 or Steri-Strip may be used.
- 7.2. The decision is made by the doctor during the medical examination at the daily weigh-in.
- 7.3. An athlete must be clean shaved before all medical examinations and each bout.
- 7.4. Beards and moustaches are not allowed (exceptions for religious reasons)
- 7.5. No body piercing and no body accessories are permitted to be worn during a bout.
- 7.6. An athlete is only allowed to wear soft contact lenses. All other contact lenses are prohibited.
- 7.7. If the concerned athlete loses contact lenses, the following rules apply:
  - 7.7.1. The athlete accepts to continue to box, and the bout continues.
  - 7.7.2. The athlete does not accept to continue to box without contact lenses, the referee terminates the bout, and the opponent is declared the winner.
  - 7.7.3. If an athlete has a medical condition that is deemed unsafe by the organization doctor, he/she must provide a letter from a professional medical practitioner attesting it is safe for them to compete.



7.7.4. An athlete wearing braces, including braces on both upper and lower sets of teeth, can box if he/she is wearing a fitted gumshield and can provide a letter from his or her orthodontist stating that it is safe to compete.

7.7.5 For athletes with braces on both upper and lower sets of teeth wearing a gumshield for the upper set of teeth is sufficient.

7.7.6. A copy of the original consent from the orthodontist should be presented to the respected WBC MuayThai national representative.

## **8. Stoppages**

### *(Knockout (KO) and Referee Stops Contest (RSC))*

8.1. When the result of the bout is KO or RSC, the ringside doctor must fill out and sign a medical bout report.

8.2. If an athlete suffers a KO as a result of a blow(s) to the head (KO-H) or has a diagnosis of concussion, the athlete is suspended for a minimum of 30 days following this period, the athlete must follow approved medical protocols.

8.3. The ringside doctor delivers the medical bout report to the technical delegate with a recommendation on how many rest days are prescribed and/or the protective sanitary measures to be taken before he/she is allowed to box again.

8.4. An athlete who loses a contest after receiving too many hits to the head or having been knocked down several times in a contest, will not be permitted to take part in any MuayThai competition or training for a minimum period of at least 30- days, upon the recommendation of the medical physician should they deem it necessary.

8.5. An athlete suffering a knockout cannot partake in any WBC MuayThai sanctioned contest for a minimum period of sixty (60) days. An athlete suffering two (2) consecutive knockouts must be suspended for a minimum of one hundred twenty (120) days and furthermore must submit special thorough medical examinations, after which other necessary medical measures might be taken before any sanctioning takes place.



## **9. Competition Registration**

- 9.1. Athletes must comply with Rule 1,3 and 4 of these rules to register for any WBC MuayThai finals competition.
- 9.2. In any official WBC MuayThai competitions, only one athlete per weight category per country is allowed to compete.
- 9.3. When registering for any WBC MuayThai competition, all athletes and team officials must provide a clear and legible copy of their current passport, a national identification document or a refugee identification document.

## **10. Anti-Doping**

The WBC MuayThai believes in clean sport. All athletes competing in WBC MuayThai competitions are subject to random anti-doping checks and to their national committees anti-doping protocols with a zero-tolerance approach to any form of cheating or the use of performance enhancing materials.

## **11. Equipment**

- 11.1. In competitions, athletes must use only the gloves certified/supplied by the WBC MuayThai development day host or competitions organizers.
- 11.2. The glove sizes for all WBC MuayThai competitions are as follows.
  - 11.2.1. Athletes must use 10 oz gloves or 12 oz gloves
  - 11.2.2 The gloves laces must be tied with knots behind the wrists (In national, International and world titles only) and then covered with tape. Glove wearing must be inspected and stamped by the authorized WBC supervisor, or local commission glove inspector, who must observe and control the final wearing of gloves to ensure that the athletes do it according to the rules, until the boxer steps into the ring. Gloves in tournaments must be Velcro.

## **12. Hand Bandages**

- 12.1. Cloth hand wraps are mandatory for all tournaments
- 12.2. Gauze and tape hand wrapping is used for national, International and world titles only (supervised by the WBC supervisor and or local combat sports commission).

## **13. Cultural & Religion**

- 13.1. Head and body uniform can be worn by athletes to comply with cultural believes which may consists of a full sport hijab or a skull cap (Black or White)



#### **14. Paying Homage**

14.1. Paying Homage: Before the bout, every athlete should pay homage in accordance with the ancient arts and customs of MuayThai, namely The Wai Kru/Ram Muay accompanied by Thai Music. The bout will start after paying homage.

#### **15. Seconds**

15.1. In general competition, an athlete may have two (2) seconds. The referee must be informed about the second chief and his/her assistant before the bout. However, for the championship bout, a boxer may have three (3), seconds, but only two (2) seconds are allowed into the ring during a round interval.

15.2. The seconds duties:

15.2.1. The seconds are allowed to give verbal advice only, from a safe distance, during the bout. If they violate the rule, the referee will warn, caution, or discharge from them their duties.

15.2.2. During the bout, the seconds must stay on their seats or in the designated area. Before each round, they must clear towels, water bottles and other materials from the ring edge.

15.2.3. During a round interval, the second must check the athlete's dresses in readiness for the bout. If there is any problem, the Second, you must notify the referee immediately to solve it.

15.2.4. The seconds shall not use rude words and they shall not hurt (physically) the athletes during the bout, or after.

15.2.5. The seconds must wear uniform shirts, or their boxing champion symbols which are polite in nature, with no rude words or symbols on the corner jackets.

15.2.6. The seconds may arrange their own material, equipment, and medical supplies at their corners as follows:

- Water
- Ice
- Towels
- Adrenaline of 1/1000 solution or other substances as approved ring doctor
- Gauze
- Cotton buds
- A pair of safety scissors
- Absorbent cotton bandages or wounds soft bandages
- The athletes chief second may look to give up for his/her athlete by stepping onto the ring. He/she is not allowed to throw a sponge or a towel onto the ring.



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### 16. Weight categories for single fights only

<u>Division</u>	<u>Weight limits</u>
<i>Atom weight (female only)</i>	Must be over 98 pounds (44.452 kg.) <b>but</b> not over 102 pounds (46.266 kg.)
<i>Mini flyweight</i>	Must be over 102 pounds (46.266 kg.) <b>but</b> not over 105 pounds (47.627 kg.)
<i>Light Flyweight</i>	Must be over 105 pounds (47. kg.) <b>but</b> not over 108 pounds (48.987 kg.)
<i>Flyweight</i>	Must be over 108 pounds (48.987 kg.) <b>but</b> not over 112 pounds (50.802 kg.)
<i>Super Flyweight</i>	Must be over 112 pounds (50.802 kg.) but not over 115 pounds (52.163 kg.)
<i>Bantamweight</i>	Must be over 115 pounds (52.163 kg.) <b>but</b> not over 118 pounds (53.524 kg.)
<i>Super Bantamweight</i>	Must be over 118 pounds (53.524 kg.) <b>but</b> not over 122 pounds (55.338 kg.)
<i>Featherweight</i>	Must be over 122 pounds (55.225 kg.) <b>but</b> not over 126 pounds (57.153 kg.)
<i>Super Featherweight</i>	Must be over 126 pounds (57.153 kg.) <b>but</b> not over 130 pounds (58.967 kg.)
<i>Lightweight</i>	Must be over 130 pounds (58.967kg.) <b>but</b> not over 135 pounds (61.235 kg.)
<i>Super Lightweight</i>	Must be over 135 pounds (61.235 kg.) <b>but</b> not over 140 pounds (63.503 kg.)
<i>Welterweight</i>	Must be over 140 pounds (63.503 kg.) <b>but</b> not over 147 pounds (66.678 kg.)
<i>Super Welterweight</i>	Must be over 147 pounds (66.678 kg.) <b>But</b> not over 154 pounds (69.853 kg. )
<i>Middleweight</i>	Must be over 154 pounds (69.853 kg.) <b>but</b> not over 160 pounds (72.575 kg.)
<i>Super Middleweight</i>	Must be over 160 pounds (72.575 kg.) <b>but</b> not over 168 pounds (76. 204.kg.)
<i>Light Heavyweight</i>	Must be over 168 pounds (76.204 kg.) <b>but</b> not over 175 pounds (79.379 kg.)

